

OWNER: Josee Cyr
 PET NAME: Bruno
 DATE: 8/29/2018

Glacier Peak Holistics Pet Wellness Life Stress Scan

Items Highlighted in **RED**
 are Stressors and Triggers

Karine Simard			Clinic: Pattedeau Bio			Specie: Dog	Golden Retriever
Pet's Current Diet:	Kibble	Raw	Home-Cooked	Canned	Other / Unknown	Sex: Male	Age: 5 yrs

Food Panel - Some items on this panel can be toxic for pets. We encourage you to research toxic foods for pets before feeding raw , home-cooked or other "people" food.

Proteins	Legumes	Vegetables	Fruit	Nuts and Seeds	Spices	Misc. Items
Beef	Adzuki Bean	Artichoke	Spinach	Agrumi	Almond ²	Bakers Yeast
Bison / Buffalo	Black Turtle Bean	Asparagus	Sprouts (bean)	Apple	Brazil Nut	Beet Pulp
Elk	Black-eyed Pea	Avocado ²	Squash (summer)	Apricot	Cashew	Brewers Yeast
Goat	Fava Bean	Beet	Squash (winter)	Banana	Chia Seed	Carob
Kangaroo	Garbanzo/Chickpea	Bok Choy	Sweet Potato	Blackberry	Dill Seed	Coffee
Lamb	Great Northern Bean	Broccoli	Tomato	Blueberry	Filbert/Hazelnut	Garlic
Llama	Kidney Bean	Brussel Sprouts	Turnip	Boysenberry	Flaxseed/Oil	Gluten
Moose	Lentils	Cabbage	Zucchini	Cantalope	Hemp	Honey
Pork/Ham	Lima Bean	Carrot		Coconut ²	Pecan	Kelp
Rabbit	Navy Bean	Cauliflower	Grains	Cranberry	Pine Nut	Malt
Venison	Peanut/Oil	Celery	Amaranth	Currant	Pistachio	Molasses
Yak	Pinto Beans	Chile Pepper	Barley	Date	Sesame Seed/Oil	Nutritional Yeast
	Green Pea/Split Pea	Collard Greens	Buckwheat	Fig	Soy-Lecithin ²	Parsley
Poultry		Cucumber	Corn	Grapefruit	Sunflower Seed/Oil	Sugar
Chicken/Egg	Oils	Dandi Greens	Millet	Honeydew	Walnut	Additives
Duck/Egg	Canola	Eggplant	Oat	Kiwi		Black Pepper
Emu	Cottonseed	Green Beans	Quinoa	Lemon		Casein
Goose	Fish	Green Pepper	Rice/White ²	Lime	Chondroitin	Distilled Vinegar
Ostrich	Krill	Jicama	Rice/Brown ²	Mango	Glucosamine	Ethoxyquin
Quail/Pheasant	Menhaden Fish	Kale/Chard	Rye	Nectarine		Food Colorings
Turkey	Safflower	Lettuce	Spelt	Orange		Food Preservatives
	Salmon ²	Mushroom	Wheat	Papaya		Gelatin
	Vegetable	Mustard Greens		Peach		Montmorillonite Clay
	Fish	Napa Cabbage	Milks / Dairy	Pear		Nutrasweet
Anchovy ²	Pollock	Okra	Dairy Milk ⁴	Pineapple		Salt
Cod	Salmon ²	Olive ²	Goat Milk ⁴	Plum		Yeast Culture
Fish Meal ²	Sardine	Parsnip	Sheep Milk ⁴	Quince		
Haddock	Shark	Potato	Cheese	Raspberry		
Herring ²	Shellfish ²	Pumpkin/Seed	Cottage Cheese	Rhubarb		
Mackerel	Tuna	Radish	Whey	Strawberry		
Menhaden Fish ²	Trout	Red Pepper	Yogurt	Watermelon		

² Describes the food source including oils, waters, milks
³ Clam, Crab, Lobster, Mussels, Oysters, Shrimp
⁴ Pasteurized

Environmental Stressors and Triggers

Petro Chemical	Enviro Chems	Insects	Weeds/ Flowers	Grasses	Trees	Pollens	Dust
Alcoloid	Alcohol (rubbing)	Ants	Burdock	Alfalfa	Ash	Alfalfa	Chalk dust
Benzol	Ammonia	Bee	Dandelion	Barley Grass	Aspen	Cocklebur	Dust (airborne)
Chloroflor	Asbestos	Cockroach	Dill Weed	Bear Grass	Beech	Dandelion flower	Dust (carpet / upholstery)
Dry cleaning	Benzene (Cosmetics)	Flea	Dock Sorrel	Bermuda	Birch	Flower	Flock dust
Exhaust Fumes	Borax	Mites	Foxtail	Brome	Cedar / shavings	Hazel	Straw/Hay dust
Furniture stripping	Chlorine	Mosquito	Lupine	Centipede	Cottonwood	Heather	
Hexane*	Cleaning products	Spider	Nettle	Crabgrass	Cypress	Honeysuckle	Misc.
Industrial	Cleaning solvents	Tick	Plantain	Fescue	Elder	Laburnum	Cigarette smoke
Methylene/Chloride	Construction	Wasp	Rag Weed	Goldenrod	Elm	Mugwort	Coal - Asphalt
Methlethyl Ketone	Cosmetics	Black fly	Red Clover	Kent. Blue Grass	Hawthorn	Nettle	Down / Feathers
Motor oil	Formaldehyde		Sagebrush	Johnson	Hickory	Oleander	Horse
Natural gas	Glyphosate		Thistle	Orchard	Juniper	Plane	Mouse fur
Paint	Kapok / Stuffing			Privet	Maple	Prickly Pear	Wood smoke
Phosphorous	Laundry soap			Red Top	Marshelder	Pussy Willow	Wool
Plastic	Perfume			Rye	Mesquite	Red Clover	
Polypropyl	Sulfate			Sweet grass	Mulberry		Noxious Energy
Polyurethane	Toluene***			Sweet Vernal	Oak		Electronics ⁶
Propylene glycol**				Timothy	Olive		
Porphyrin					Palm		
Sterol					Pine		
Sulfyl					Poplar		
Tetra Chloride					Redwood		
Vinyl					Walnut		
Wood alcohol							
Xylene							

***Disclaimer** - The information provided by this scan is intended for educational and nutritional purposes only and is not intended to diagnose, treat, cure, or prevent any disease. It is not intended as conventional veterinary medical practice advice or to replace the advice or attention of certified veterinarians. You may wish to consult your holistic veterinarian before beginning or making changes in your pets' diet, nutritional supplementation or exercise program. The statements on this scan have not been evaluated by the Food and Drug Administration nor are they approved by the Board of Veterinary Medicine. If you do not have a Holistic Veterinarian, you can find one in your area by visiting <http://www.ahvma.org/>

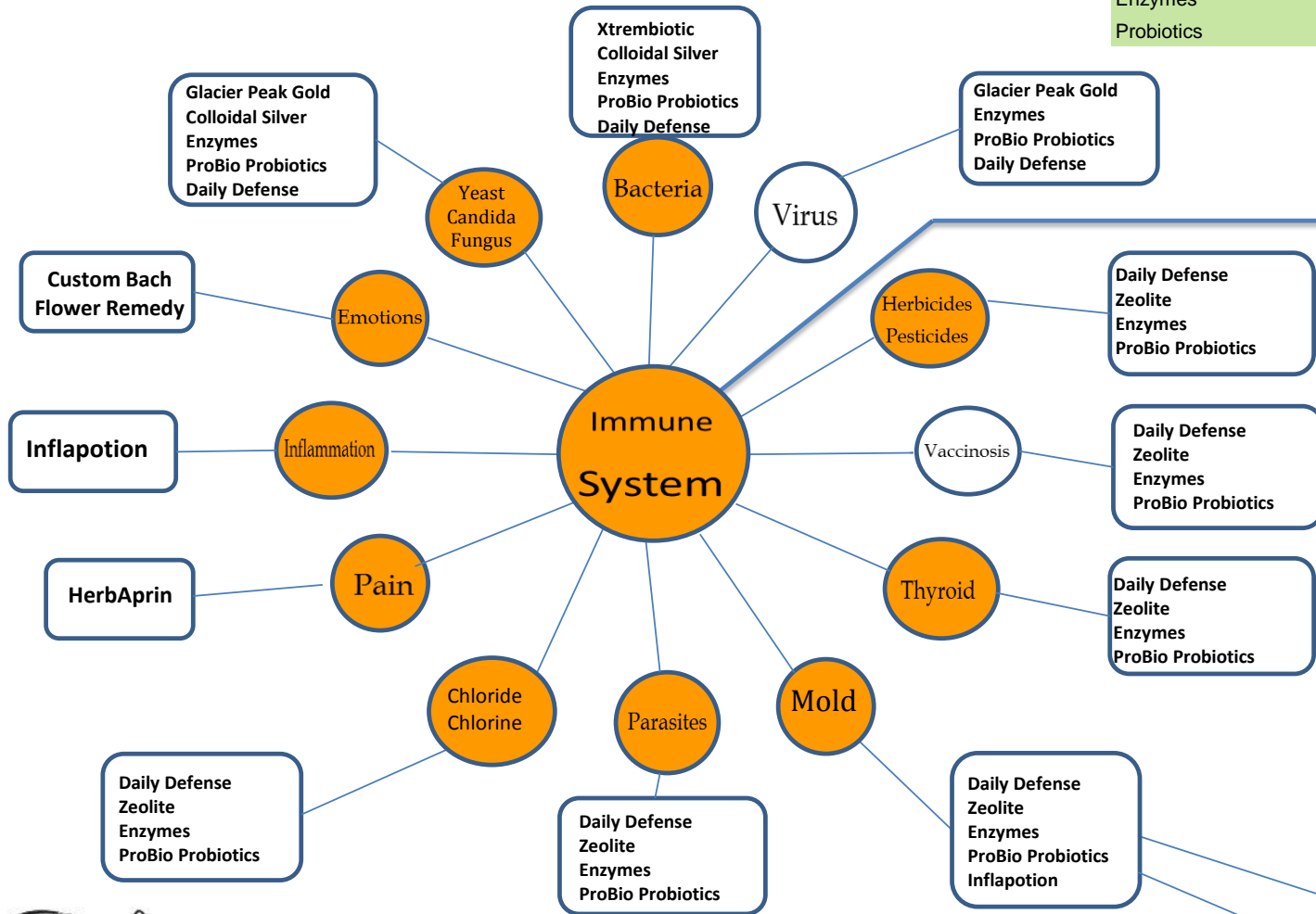
* Used as a solvent in the extraction of oil from seeds (soybean, cottonseed, flaxseed, safflower seed and others)
 ** Used as a humectant, solvent and preservative in food and shampoo
 *** most common in paint thinners

⁶ Cell Phones/Portable Phones, Computers, Home Theaters, Microwaves, Stereo Systems, Televisions, etc.



Energetic Imbalances

Circles highlighted in **orange** are current imbalances that may require help to address.



Items highlighted in **green** are beneficial

GPH Products		Primary Concerns:
Enzymes	Bach Flower	Immune
Probiotics	Colloidal Silver	Bacteria 4 types
	Daily Defense	Fungus 3 types
	Glacier Peak Gold	Inflammation
	HerbAprin	Pain
	Inflapotion	Emotions
	Mountain Salve	Chlorine
	Peak Immune	Thyroid
	Xtrembiotic	Parasites
	Zeolite	
Cell Salts		Secondary Concerns:
	CALC FLOR	Pesticides
	CALC PHOS	Mold
	CALC SULPH	
	FERRUM PHOS	
	KALI MUR	
	KALI PHOS	
	KALI SULPH	
	MAG PHOS	
	NAT MUR	
	NAT PHOS	
	NAT SULPH	
	SILICEA	
	BIOPLASMA	
May also be helpful:		
	Raw, Virgin Coconut oil	
	Distilled Water	
	N-Acetyl-Cysteine	
	Raw Apple Cider Vinegar	
	Activated Charcoal	

*Systemic fungus may be caused by undigested starchy root vegetables, i.e. sweet potato, potato, etc.
 **Salmon and Lamb are inflammatory proteins.

All materials, contents and processes within this assessment, processes and material thereafter, are under service mark, trademark and copy right laws. This assessment is not to be duplicated under any authority other than Glacier Peak Holistics, a Pet Wellness, Inc. company. ©2015



General Information About Your Pet's Results:

Incompatibilities and triggers normally affect the immune system by creating issues like yeast/fungus overgrowth or undigested food which can produce toxins that can be considered very harmful to your pets' health. Toxins generated in the GI tract are thought to be responsible for major illnesses including cancer, diabetes, renal failure, acute chemical exposure, IBS and bacterial infections. As the immune system strives to eliminate the source, it sends the toxins to the largest organ (the skin) for help, causing most of the allergy-type symptoms we see. That is when we become aware there is a problem. By removing or avoiding the red flagged items from your pet's diet and environment, you can significantly improve their overall wellbeing which benefits not only their quality of life, but adds longevity too. This is not a life sentence - but please commit to a minimum of 30 - 60 days or until results are achieved. However, just changing their diet may not be enough. We offer the following herbal remedies that may help you help your pet get back into balance.



The Essentials Bundle contains: (see our website for a full description of individual products)

- Glacier Peak Gold - contains herbs that have historically been used for fungus type issues
- Peak Immune - contains herbs that have been shown to support and balance the immune system
- Colloidal Silver Spray - natural antibiotic
- PawGest provides essential digestive enzymes in pure form, human grade capsules with no fillers, binders or additives.
- Mountain Salve - Anti biotic/ anti-fungal salve, great for minor wounds, rashes, insect bites and more
- ProBio Complete - provides 10 billion CFU pure form, human grade probiotics in a vegetarian form without fillers, binders or other additives.
- Daily Defense - includes herbs that have been shown to nourish the immune

Our Essentials Bundle is designed to give you all the extra help you need to help eliminate the root cause of allergy-type symptoms.

The Essentials Complete Bundle contains: (see our website for a full description of individual products)

All of the above, plus:

- Inflation/HerbAprin Combo
- 2 oz Mountain Salve

More great 100% organic herbal remedies:

Inflation



Inflation includes herbs that have been used for centuries and have shown effects in cell proliferation, liver nutrition and balance as well as blood purification and added mucilage for better mobility.

HerbAprin



This formula contains herbs that have been historically known to relieve pain and mild sedative herbs to help the animal to rest and heal. It is an ideal companion to Inflation. **NOTE: Not suitable for cats.**

Mountain Salve



Starting with the same herbal formula as Inflation with added herbs and essential oils, coconut oil, emu oil and more to offer a soothing salve for external sores, and wounds.

Custom Bach Flower



Customized Bach Flower remedies can help your pet move through emotional blocks that are keeping them from being their best. Bach Flower remedies have been restoring emotional balance for over 70 years.

Yeast, Candida, Fungus & Bacteria:

Although ALL of the following remedies are critical components in bringing your pet back into balance, we have listed them in order of use: #1 = First. Note: #2,3, 4 & 5 can be used from the beginning.

- 1. Glacier Peak Gold:** An internal remedy in tincture form - give according to package/website directions. One squeeze of the dropper yields approximately 14-16 drops. Dosage is given by weight in two 10 day intervals with a 10 day rest period in between. At the end of this 30 day cycle, we will re-evaluate their condition and repeat this step if necessary.
- 2. Daily Defense:** Contains herbs known to gently detoxify the liver and kidneys; vitamin/mineral supplement. Has also been shown to prevent parasites in the GI tract. Added herbs known to enhance the immune system, and sea veggies high in natural iodine to support healthy thyroid function. Used in conjunction with Glacier Peak Gold and not to be used with Peak Immune.
- 3. Peak Immune:** Strengthens a weak immune system. Given once per day for 10 days according to weight. Fits perfectly in the 10 day rest period from the GPG above. You may need to repeat this remedy if the Immune system circle is highlighted.
- 4. Colloidal Silver:** Spray mist problem areas 3 - 5 times per day and/or add a few drops to water.
- 5. Paw~Gest Enzymes:** Aids in the break down and digestion of food intake promoting complete absorption and assimilation of nutrients. Dosage per meal: 1 scoop per 50 pounds; Do not feed dry.
- 6. Pro-Bio Complete Probiotics:** Protects the digestive system and aids in the complete elimination of food intake; helps guard against ulcers, IBS/IBD & leaky gut syndrome; restores normal microflora. Dosage per day: 1 scoop for pets per 50 pounds

Virus:

Although ALL of the following remedies are critical components in bringing your pet back into balance, we have listed them in order of use: #1 = First. Note: #2, 3 & 4 can be used from the beginning.

- 1. Glacier Peak Gold:** An internal remedy that contains herbs known to be anti fungal; offered in tincture form - give according to package/website directions. One squeeze of the dropper yields approximately 14-16 drops. Dosage is given in two 10 day intervals with a 10 day rest period in between. At the end of this 30 day cycle, re-evaluate their condition and repeat this step if necessary.
- 2. Daily Defense:** Contains herbs known to gently detoxify the liver and kidneys; vitamin/mineral supplement. Has also been shown to prevent parasites in the GI tract. Added herbs known to enhance the immune system, and sea veggies high in natural iodine to support healthy thyroid function. Used in conjunction with Glacier Peak Gold and not to be used with Peak Immune.
- 3. Paw~Gest Enzymes:** Aids in the break down and digestion of food promoting complete absorption and assimilation of nutrients. Dosage per meal: 1 scoop per 50 pounds; Do not feed dry.
- 4. Pro-Bio Complete Probiotics:** Protects the digestive system and aids in the complete elimination of food intake; helps guard against ulcers, IBS/IBD & leaky gut syndrome; restores normal microflora. Dosage per day: 1 scoop for pets per 50 pounds

Immune System:

Peak Immune: Contains herb that have been used to strengthen a weak immune system. Given once per day for 10 days. Fits perfectly in the 10 day rest period from the GPG above. You may repeat this remedy if the Immune system circle is highlighted.

Herbicides, Pesticides, Vaccinosis, Thyroid, Mold, Parasites & Chlorine:

Daily Defense: Contains herbs known to gently detoxify the liver and kidneys; vitamin/mineral supplement. Has also been shown to prevent parasites in the GI tract. Added herbs known to enhance the immune system, and sea veggies high in natural iodine to support healthy thyroid function. Recommended as a natural nutritional, once per day.

Zeolite: Powerful natural mineral known for its ability to remove heavy metals and other environmental toxins out of the body without causing the typical detox reactions. Do not take within 2 hours of any other prescription drug.

Inflapotion: includes herbs that have been used for centuries and have shown effects in cell proliferation, liver nutrition and balance as well as blood purification and added mucilage for better mobility.

Suggested Protocol Continued

Inflammation/ Pain:

Inflapotion: includes herbs that have been used for centuries and have shown effects in cell proliferation, liver nutrition and balance as well as blood purification and added mucilage for better mobility.

HerbAprin: Contains herbs used for centuries for acute pain from injury or illness; post surgery, arthritis, hip dysplasia, ACL/CCL; overexertion; sleeplessness/restlessness; discomfort from tumors or cysts and more. Given up to 3 times per day, as needed. **PLEASE NOTE: Herbal Aspirin is not suitable for cats.**

Long term daily supplements like Daily Defense and Inflation should be given as directed for 6 days and then rest on the 7th day - repeating this cycle each week. This gives the body a "breather" and helps to keep the effects of the herbs fresh in their system.

Emotions:

Custom Bach Flower test: Emotional transference; separation anxiety; grief; guilt; fear; aggression and more. Enhances calm and wellbeing. We can use the same hair and saliva samples you submitted for the Scan if they are less than 30 days old. Deb formulates a mix of 5 - 7 different flower essences customized to your pet's needs. You will receive a pre-mixed 2 ounce spray bottle with the "mother" mix in a separate bottle; instructions for use and directions to refill the spray bottle as needed.

May Also be Helpful:

Raw, Virgin Coconut Oil: Contains anti-bacterial and anti-fungal properties as well as many other well documented health benefits. 1- 2 teaspoons of coconut oil can be added to the food unless the food already contains it.

Distilled Water: Distilled water has been used to flush out toxins in the body. Restrict the pet's water intake to "steam" distilled water only for a period not to exceed 14 days. May be added to the food if desired. Safe for multiple pet households.

N-Acetyl-Cysteine: Natural amino acid that helps with mold and fungus issues and can be found in health food or drug stores. Give 250ml for dogs up to 50 pounds; 500ml for dogs 50 pounds and over. Try not to break the capsule as it tastes terrible! Rule of thumb is half of a child's dose.

Raw, unfiltered Apple Cider Vinegar: Contains anti-bacterial and anti-fungal properties as well as many other well documented health benefits. Start by adding just a couple of drops to let the pet get used to the smell and taste. Gradually work up to ½ teaspoon per 25 pounds.

Activated Charcoal: Known as the "go to" remedy for poisonings for thousands of years, this is still the best natural detox agent out there for heavy metals. Known also for its adsorption properties, toxins actually bind to the charcoal and are naturally eliminated. **PLEASE NOTE: DO NOT TAKE WITH PRESCRIPTION MEDS.** Severe constipation may result, offer plenty of fresh clean water. Please get a reputable brand from your health food store and follow the label for dosage instructions. Use half the child dose. Not for long term use.